## Quarterly Training

## The Impact of Secondary Traumatic Stress

Who is taking care of us while we are taking care of them?

## **Presented by:**

Al Killen-Harvey, Chadwick Center at Rady Children's Hospital

Research shows that working with individuals and families that have experienced trauma can, and does, have an impact on our overall emotional well-being. No matter what your role is in the multi-disciplinary team you are not shielded from the effects of this exposure. This presentation will describe the ways in which secondary traumatic stress impacts us professionally and personally. Specific suggestions will be offered to address this issue on an organizational and individual level.

## **ABOUT OUR SPEAKER**

**Al Killen-Harvey** has worked at the Chadwick Center at Rady Children's Hospital for over 28 year as a practicing trauma treatment therapist, Clinical Improvement Coordinator, Reflective Supervisor and trainer. A Licensed Clinical Social Worker, he is also the co-founder of The Harvey Institute, a training and consultation company whose mission is improving health care outcomes through the integration of sexual health. Their work received the 2022 "William Friedrich Lectures Series" Award given by the Mayo Clinic for its' innovative work in bridging the gap between sexual trauma and sexual health.

He currently serves on the Advisory Boards of the Children's Advocacy Centers of California and additionally is the co-chairperson of the Sexual Health subcommittee for the National Child Traumatic Stress Network (and previously served as co-chairperson of its' Cultural Consortium). He has served as an expert witness for the United States Army and the San Diego District Attorney's Office in the prosecution of sexual abuse cases. He is also a recipient of the Community Collaborators Award given by the San Diego LGBT Center.